

Harrisonville Cass R-IX School District  
K-12 School Counseling Program



Updated March, 2017

## **Harrisonville Cass R-IX School District Professional Staff:**

Early Childhood & Harrisonville Elementary School: Becky Sumner

Harrisonville Elementary School: Brian Graber and Becky Sumner

McEowen Elementary School: Laura Partridge

Harrisonville Middle School: Susan Harness & Ashley Hermann

Harrisonville High School: Kari Bliss, Marilyn Charlton, & Julie Zaring

Cass Career Center: Kristin Quinley

District Social Worker: Jennifer Beavers

Director of Academic & Student Services: Dr. Steve Ritter

The purpose of this guidebook is to share with students, parents, and community members some of the programs, instruction, and services our guidance staff provides to our students. Our counselors and social worker are deeply committed to character development, safety, health, and college and career readiness of our students; and it should be noted their daily tasks go beyond what is listed in this document.

We encourage any student, parent, or community member who has any concerns about the students of our schools to contact the building counselor, building administrator, or Missouri Hotline number immediately. All of our educational staff members are mandated reporters. For more information about mandated reporting and the Missouri Hotline services please visit the Missouri Department of Social Services website at: <http://dss.mo.gov/cd/can.htm> or call the phone number listed below.

### Important Contact Information:

Harrisonville Early Childhood Center: 816-380-4421

Harrisonville Elementary School: 816-380-4131

McEowen Elementary School: 816-380-4545

Harrisonville Middle School: 816-380-7654

Harrisonville High School: 816-380-3273

Cass Career Center: 816-380-3253

Missouri Hotline Phone Number: 1-800-392-3738

## **Early Childhood Center**

### **Kindergarten:**

#### Character Development:

- Second Step Curriculum (Empathy/Problem-Solving) and monthly character awards
- The Great Kindness Challenge in February
- Red Ribbon Week in October - Focus on character.
- Use of BIST to help students develop positive relationships and make good behavior choices

#### College & Career Readiness:

- In their classrooms, students study community helpers as a social studies unit and guest speakers visit.
- College & Career Week Activities (college mascots, career paths, career coloring book, dress-up days)
- Visit to Cass Career Center

#### Social & Emotional Help:

- Second Step Curriculum (Empathy, Emotional Regulation, and Problem-Solving)
- All About the Brain (MindUP curriculum, Mindfulness training with Sitting Still Like a Frog)
- Individual and Group Counseling
- Lunch groups with all Kindergarten students to develop relationships

#### Drug & Alcohol Awareness:

- Red Ribbon Week - Candy vs. Medicine Lesson, handout for parents on keeping medicine safe

#### Healthy Habits for School:

- Second Step Curriculum (Skills for Learning, Empathy, Emotional Regulation, and Problem-Solving)
- Individual and Group Counseling

#### Personal Safety:

- Second Step Child Protection Unit (Ways to Stay Safe, The Always Ask First Rule, Safe and Unsafe Touches)

## **Harrisonville Elementary School**

### **1st Grade**

#### Character Development:

- Second Step Curriculum (Empathy/Problem-Solving) and monthly character awards for classrooms from specialists
- The Great Kindness Challenge in February
- Red Ribbon Week in October - focus on good character + community
- Use of BIST to help students develop positive relationships and make good behavior choices

#### College & Career Readiness:

- Classroom Career Exploration Lessons (Interest Inventory, Career Paths, A Hat for Ivan, LMNO Peas)
- Career Day with guest speakers and vehicles
- College & Career Week Activities (dress-up days, bulletin boards, conversations in classrooms)

#### Social & Emotional Help:

- Second Step Curriculum (Empathy, Emotional Regulation, and Problem-Solving)
- All About the Brain (MindUP curriculum, Mindfulness training with Mind Yeti)
- Individual and Group Counseling

#### Drug & Alcohol Awareness:

- Red Ribbon Week - Focus on keeping our body healthy and feeling grateful for what we have.

#### Healthy Habits for School:

- Second Step Curriculum (Skills for Learning, Empathy, Emotional Regulation, and Problem-Solving)
- Individual and Group Counseling

#### Personal Safety:

- Second Step Child Protection Unit (Ways to Stay Safe, The Always Ask First Rule, Safe and Unsafe Touches)

### **2nd Grade:**

#### Character Development:

- The Great Kindness Challenge in January
- Wildcat of the Month award (done in conjunction with character words of the month) - respect, responsibility, self-control, generosity, honesty, kindness, empathy, forgiveness, moral courage
- Lessons on the 7 Habits (proactive, begin with the end in mind, put first things first, think win/win, seek first to understand then to be understood, synergize, sharpen the saw)
- Lessons on cooperation
- Second Step curriculum (Skills for Learning/Respectful behavior)

#### College & Career Readiness:

- Career Day with guest speakers and vehicles
- College and Career Week activities (dress up days, bulletin boards, conversations in classrooms)
- Lessons on the awareness of the Six Career Paths (nature, business, fixing/building, creative, helping, health)

#### Social & Emotional Help:

- Second Step Curriculum (Empathy, Emotion Management and Problem Solving)
- Lessons on friendship
- Lessons on bullying/cyberbullying
- Individual and Small Group counseling

#### Drug & Alcohol Awareness:

- Red Ribbon Week in October - focus on making good choices and awareness of identifying the difference between candy and drugs.

#### Healthy Habits for School:

- Each lesson/unit throughout the year will incorporate discussion of the 7 Habits
- Individual and Small Group counseling

#### Other:

- Lesson/unit on the awareness of the brain and the power of a growth mindset (the idea that you can grow your smarts and mistakes can help you learn)

### **3rd Grade:**

#### Character Development:

- The Great Kindness Challenge in January
- Wildcat of the Month award (done in conjunction with the character word of the month) - respect, responsibility, self-control, generosity, honesty, kindness, empathy, forgiveness, moral forgiveness
- Service Above Self award - an award given every month to a 3rd grader who through their actions and behaviors goes above and beyond in service to others.
- Lessons on cooperation - students will engage in cooperation activities and reflect on the benefits of cooperation in getting things done.
- Skills for life - lessons on respect, responsibility, self control, honesty and empathy as they relate to the world of work.

#### College & Career Readiness:

- Career Day with guest speakers and vehicles
- College and Career Week activities (dress up days, bulletin boards, conversations in the classroom)
- Completion of a career inventory for students to determine their interests and future career aspirations.

- Lessons on the six career paths (nature, business, creative, helping, health, fixing/building)

Social & Emotional Help:

- Lessons/unit on bullying and cyberbullying (lessons will make use of the Second Step curriculum on bullying)
- Lessons/unit on conflict resolution
- Lessons on friendship
- Individual and group counseling

Drug and Alcohol Awareness:

- Red Ribbon Week activities (lessons will focus on making healthy choices and peer pressure)

Healthy Habits for School:

- All lessons throughout the year will incorporate discussion of the 7 Habits (being proactive, being with the end in mind, put first things first, seek first to understand then to be understood, think win/win, synergize, sharpen the saw)
- Lessons dealing with test preparation/anxiety and mindfulness
- Individual and Group counseling

Other:

- Lessons/unit on developing an awareness of the brain and the power of the growth mindset
- Lessons on transition for making the move from 3rd grade to 4th grade

## McEowen Elementary School

### **4th Grade:**

#### Character Development:

- Character Education Counselor Lessons
- McEowen Student of the Month based on the monthly Character Traits
- Positive Action Tickets promoting positive behavior and kindness
- Student Council promoting leadership and creating a positive change
- Service Above Self Award

#### College & Career Readiness:

- Career Pathway Counselor Lessons
- College and Career Week in March
- Career interest inventory

#### Social & Emotional Help:

- Individual triage
- Groups on friendships and social and emotional development
- Paws for a Cause (Program against bullying)
- Possible guest speaker on self-esteem and bully prevention

#### Drug & Alcohol Awareness:

- Red Ribbon Week: counselor lessons, dress up days, pledge to be drug free, bully poster competition
- Counselor Lessons on Decision Making, Goal Setting, and Drug and Alcohol Awareness

#### Healthy Habits for School:

- Counselor Lessons on Testing Preparation
- Character Lessons on Responsibility and Accountability
- Individual triage regarding organization and study habits

#### Other:

- Terrific KIds Program through Kiwanis
- Hoops for Heart
- Children's Mercy Math-a-thon

### **5th Grade:**

#### Character Development:

- Character Education Counselor Lessons
- McEowen Student of the Month based on the monthly Character Traits
- Positive Action Tickets promoting positive behavior and kindness
- Student Council promoting leadership and creating a positive change
- Service Above Self Award

#### College & Career Readiness:

- Career Pathway Counselor Lessons
- College and Career Week in March
- 5th grade job program
- Career Interest Inventory
- Blue Springs School of Economics

#### Social & Emotional Help:

- Individual triage
- Groups on friendships and social and emotional development
- Paws for a Cause (Program against bullying)
- Possible guest speaker on self-esteem and bully prevention

#### Drug & Alcohol Awareness:

- Red Ribbon Week- counselor lessons, dress up days, pledging to be drug free, bully poster competition
- Counselor Lessons on Decision Making, Goal Setting, and Drug and Alcohol Awareness

#### Healthy Habits for School:

- Counselor Lessons on Testing Preparation
- Character Lessons on Responsibility and Accountability
- Individual triage regarding organization and study habits

#### Other:

- 5th grade My 42 Service Award
- Hoops for Heart
- Children's Mercy Math-a-thon



## Harrisonville Middle School

### **6th Grade:**

#### Character Development:

- Presenters/Assemblies
- Classroom guidance lesson
- Safety curriculum in Service Learning
  - Bullying prevention research and outreach projects

#### College & Career Readiness:

- College and Career week activities
- Enrollment for next year
- College & Career Individual planning

#### Social & Emotional Help:

- Classroom guidance lessons
- Individual & group
- Crisis Support

#### Drug & Alcohol Awareness:

- Red Ribbon Week activities
- Think First presentation

#### Healthy Habits for School:

- Think First presentation

### **7th Grade:**

#### Character Development:

- Presenters/Assemblies
- Classroom guidance lesson
- Health curriculum in Service Learning
  - Oral Health research, and community project

#### College & Career Readiness:

- College & Career week activities
- Enrollment for next year
- College and Career individual planning
- Duke Tips Testing for students who qualify

#### Social & Emotional Help:

- Individual and group
- Classroom Lesson
- Crisis Support

Drug & Alcohol Awareness:

- Red Ribbon Week activities

**8th Grade:**

Character Development:

- Presenters/Assemblies
- Classroom guidance lesson
- Food Insecurity curriculum in Service Learning
  - Researching and ongoing Harvesters, Snack Pantry and Food Pantry projects

College & Career Readiness:

- College and Career week activities
- College and Career class
  - Using Missouri Connections and other activities
- Career exploration day at Cass Career Center
- Enrollment for next year
- College & Career Individual planning

Social & Emotional Help:

- Individual and group
- Classroom Lessons
- Crisis Support

Drug & Alcohol Awareness:

- Red Ribbon week activities

## **Harrisonville High School**

### **9th Grade (Freshmen):**

#### College & Career Readiness:

- Missouri Connections
- Career Exploration opportunities advertised
- Career Interest Survey with connection to Career Paths

#### Social & Emotional Help:

- Individual student counseling
- Conflict mediation
- Coping strategies and Problem Solving skills

#### Drug & Alcohol Awareness:

- Red Ribbon Activities

### **10th Grade (Sophomores):**

#### College & Career Readiness:

- Program of Studies
- CCC course opportunities presented and students tour
- Missouri Connections
- Career Exploration opportunities advertised
- Career Interest Survey with connection to Career Paths

#### Social & Emotional Help:

- Individual student counseling
- Conflict mediation
- Coping strategies and Problem Solving skills

#### Drug and Alcohol Awareness:

- Presentation with our SROs and the Police Department on Unsafe Behaviors

### **11th Grade (Juniors):**

#### College & Career Readiness:

- Classroom lesson on post-secondary planning
- Career Interest Survey with connection to Career Paths
- Personal Finance course with Embedded Career Activities
- CCC students begin developing professional portfolios
- College and Career day
- College and Industry speakers throughout the school year
- Workshop for Non-traditional students and bulletin board highlighting current NT students
- Field trips to colleges or industries related to programs at CCC

- Financial aid speaker
- Table with information for parents on P/T conference night
- College Fair
- College/Military Representatives throughout the year
- Missouri Connections
- Financial Aid Presentation
- College Readiness Presentation (Cat Chats)

Social & Emotional Help:

- Individual student counseling
- Conflict mediation
- Coping strategies and Problem Solving skills

**12th Grade (Seniors):**

College & Career Readiness:

- Individual meetings with seniors over post-secondary planning
- Career Interest Survey with connection to Career Paths
- Workshop for Non-traditional students
- Scholarships
- College & Career Day
- College and Industry speakers throughout the school year
- Field trips to colleges or industries related to programs
- Financial aid lesson
- College Fair
- College/Military Representatives throughout the year
- Missouri Connections
- Financial Aid Presentation
- College Readiness Presentation (Cat Chats)

Social & Emotional Help:

- Individual student counseling
- Conflict mediation
- Coping strategies and Problem Solving skills